



**2024 Hard & Fast Race Series**  
**22nd June 2024**  
**Ian Shaw Park Reserve, Mt Wellington**  
**Ngā Hau Maiangi - Race 4**

**EVENT SUMMARY**

*Ngā Hau Maiangi welcomes you to the 2024 Hard & Fast race series to be held at Ngā Hau Maiangi, Ian Shaw Park Reserve, Auckland, 18th May 2024. Ngā Hau Maiangi Hard & Fast Race Series is a series of races run throughout our winter season to drive activity in winter months and keep waka ama a sport to choose and enjoy during the cooler months. This is to promote inclusion of all abilities and fitness levels from our more experienced to our novice paddlers as well as promote inclusion within our local community, bringing the waka ama community together as a whānau. The event is a full day of fun racing, food vendors and an end of series prize giving. We welcome you and your whānau to join us for this event.*

**EVENT SCHEDULE**

<b>6.00am</b>	Registration, waka drop off & safety checks
<b>8.00am</b>	Karakia
<b>8.15am</b>	Managers meeting
<b>8.30am</b>	Race & safety briefings
<b>9.00am</b>	Racing starts
<b>2.00pm</b>	Racing finishes
<b>2.30pm</b>	Closing Karakia

**RACE SCHEDULE**

<b>Time</b>	<b>Race</b>
8.30am	Race & Safety Briefing - all races
9.00am	Race Start – W6 5km J16, Novice
10.00am	Race Start – W6 10 km J19, Senior

**RACE DAY INFORMATION**

**Car Parking:** Parking is available behind Ngā Hau Maiangi building. Please note all parking is under Auckland Council management, you will need to read the signs and park accordingly.

**PLEASE NOTE:** Strictly **NO parking past the roundabout.**

**Trailer parking:** Trailer parking will be in the field behind Ngā Hau Maiangi building. Due to restrictions, this will only be available for trailer drop off – you will need to park your car elsewhere for the day.

**Food:** We encourage you to bring your own healthy kai, however a small range of food vendors will be available onsite to purchase healthy kai.

**Toilets:** Toilets are located underneath the Ngā Hau Maiangi building.

**First Aid:** First Aid will be available at the registration area.

**Rubbish/Recycling:** We encourage you to please take what you bring. However, the main rubbish and recycling station is located down the ramp next to the bollards.

**Alcohol/Smokefree:** Alcohol, smoking, vaping and any other substance use is not permitted at this event, including all premises of the event.



### WAKA DROP OFF & SAFETY CHECKS

#### Waka Drop off:

- Waka drop off will be available from 6.00am on the event day
- Waka drop off will be down the front on the ramp.
- Trailer parking is on the field behind the Ngā Hau Maiangi building, please be aware of your surroundings through this process.

#### Safety Checks:

- All waka will have to pass a safety check and be marked before racing. Any boats not marked will not be permitted to race.

### RACE RULES

All entrants must be familiar with the Waka Ama New Zealand race and safety rules.

Refer to the following link for more information: [Waka Ama NZ Race Rules](#)

### AGE DIVISIONS & RACE EVENTS

WAKA	DISTANCE	DIVISIONS	GENDER
W6	5km	J16, Novice/mixed	Men & Women, Mixed
W6	10km	J19, Open, Master, Senior Master, Golden Master	Men, Women

### FEES

PER PERSON BY EVENT ( <i>charged for <u>each</u> event entered</i> )	
Event	Cost
W6 - 5km	\$15.00
W6 - 10km	\$25.00

### ONLINE ENTRIES & PAYMENT

- Online entries are to be completed using the Waka Ama NZ online entry system.
- All entries to be completed through your club admin – contact your club admin to process your entry
- Entries close on **Wed 19th June 2024 @ 11.59pm**
- Rosters close on **Thur 20th June 2024 @ 11.59pm**, rosters must be completed by close date, **no exceptions**. There will be NO late entries accepted via email.  
**Any late entries on the day will incur a late fee charge of \$50 per team.**
- Once entered, payment can be made online to:
  - Ngā Hau Maiangi
  - Hard n Fast Acct 50 / Acct# 12-32870326561-50
  - Use your club, team name and division as your reference

#### PLEASE NOTE:

There will be no refunds for any teams that withdraw from racing once registration has closed.



### SAFETY REQUIREMENTS

- All waka must be Safety Checked
- All Junior age divisions **must wear life jackets**
- All Junior (J16 & J19) and Senior (Open and above) must have the following safety equipment for their races:
  - PFD - Personal Floatation Device (per person)
  - Bailers
  - Flare or cellphone in waterproof case
  - Spare Paddle - 2 for a W6
  - Spray Skirt if required (W6)
  - Tow Rope (W6)

### INDIVIDUAL & TEAM WAIVERS

- Team waivers must be completed by all paddlers/teams
- All paddlers U18 must have their waiver signed by their parent/guardian
- Waivers can be sent to ***nhminc.secretary@gmail.com*** or handed in at the managers meeting on the day
- Team waivers can be found on our event page on the Waka Ama NZ website

### CONTACT INFORMATION

- All enquiries please email: ***nhminc.secretary@gmail.com***
- All urgent matters please call: ***0273208980***

### COURSE MAPS

- High tide: 7.15am
- Low tide: 1.03pm

#### MAP 1: 5KM Racecourse





## MAP 2: 10KM Racecourse



## MAP 3: Alternative Racecourse/s

**Please note:** In the event of bad weather the main course will not go ahead therefore there will be no alternative course and all racing will be cancelled.